

Senior's Active Living Fair – Wednesday January 20 – 10:00 A.M.

[AS PREPARED FOR DELIVERY]

Good morning. It's my pleasure to bring greetings to you on behalf of the Office of Mayor and Sault Ste. Marie City Council as we open the 2016 Senior's Information and Active Living Fair.

I'd like to thank Terry Lou Legros and the staff of Seniors Services for organizing today's event. Looking at the agenda, it's clear that they have put together a slate of presentations and activities that will be informative, useful and also fun.

Speaking of fun, I was asked if I might like to return this afternoon to participate in the belly dancing lesson. Unfortunately, I have a mid-afternoon board meeting with the PUC that I **absolutely** have to be at, so I will be unable to attend for that particular session.

While I am making acknowledgements, I'd also like to thank the Older Adults Centres' Association of Ontario for their help in hosting the event and also the Ontario Seniors' Secretariat for their sponsorship. I'd also like to thank all of the presenters who will be here today for lending their time and expertise.

Active living is important at all ages. It's great that we are able to host free events such as this one, to encourage older citizens to live actively and to keep well-informed about issues of interest.

Thank you for inviting me to speak and open today's proceedings. Please enjoy today's fair.